

# A Meditation Technique for the Spiritual Rebel: Radical Discrimination

A talk by Anasakta  
Key West, June 20th, 2010

Hello,

In planning my visit to Florida, I had not originally intended to peak in Key West until it was suggested by to me by a longtime resident who assured me that there are people in the city who are interested in higher consciousness.

When I contacted the Unitarian Universalist Fellowship, both the President and the Administrator were not only very welcoming but in addition each one independently reinforced the fact that there are numerous people in Key West interested in spiritual meditation. As a result, I am very much looking forward to my visit so as to engage with such seekers of whom you are one.

Where possible I prefer to keep my sessions small so that each meeting is spiritually intimate. To that end, I am planning on having only 30 attendees at our meeting. To ensure this number is not exceeded it is necessary that tickets not be sold at the door but rather only be available for purchase online where an automatic system will limit the sales.

But if it becomes clear that there is sufficient interest, I will be pleased to schedule a second meeting starting at 4pm.

I anticipate that we will have a wonderful afternoon together.

Please be advised that I follow the ancient tradition of not charging for time spent in spiritual teaching. Whenever I sell tickets it is merely an attempt to defray my travel expenses. Because Key West was not part of my original itinerary, I will be pleased to donate 40% of the proceeds to the Monroe Association for ReMARCable Citizens which as you know is a non-profit agency that serves adult clients within Monroe County who have developmental disabilities.

So as to catch up on some writing, I plan on staying in the Key's from Saturday, June 19th to Friday morning, June 25th. During that time I will be available should you would wish to meet with me for a private discussion. I will be staying nearby in a rented bungalow in Cudjoe Key so you can come out to visit me or I will come to meet you at a coffee shop in Key West or wherever you will feel comfortable.

Please feel free to call me at (305)-433-7516 even in advance of June 20th as this is a virtual number that will automatically connect to my Canadian home and later to my laptop phone in Cudjoe Key. You will not incur a long distance charge even if you reach me in Canada.

Namaste,

Anasakta Baba